

GUT CHECK

1

Your Name: _____

Take 5 minutes and select the 15 behaviors that **currently** best describe *you* in the workplace.**Behavioral Strengths**

- | | | | |
|--|---------------------------------------|---------------------------------------|--|
| <input type="checkbox"/> Considerate | <input type="checkbox"/> Adaptable | <input type="checkbox"/> Competitive | <input type="checkbox"/> Analytical |
| <input type="checkbox"/> Cooperative | <input type="checkbox"/> Animated | <input type="checkbox"/> Confident | <input type="checkbox"/> Detail oriented |
| <input type="checkbox"/> Helpful | <input type="checkbox"/> Empathetic | <input type="checkbox"/> Directing | <input type="checkbox"/> Economical |
| <input type="checkbox"/> Idealistic | <input type="checkbox"/> Enthusiastic | <input type="checkbox"/> Forceful | <input type="checkbox"/> Factual |
| <input type="checkbox"/> Loyal | <input type="checkbox"/> Experimental | <input type="checkbox"/> Persistent | <input type="checkbox"/> Methodical |
| <input type="checkbox"/> Modest | <input type="checkbox"/> Flexible | <input type="checkbox"/> Persuasive | <input type="checkbox"/> Practical |
| <input type="checkbox"/> Receptive | <input type="checkbox"/> Inspiring | <input type="checkbox"/> Quick to act | <input type="checkbox"/> Reserved |
| <input type="checkbox"/> Responsive | <input type="checkbox"/> Negotiating | <input type="checkbox"/> Seek change | <input type="checkbox"/> Thorough |
| <input type="checkbox"/> Seek excellence | <input type="checkbox"/> Sociable | <input type="checkbox"/> Risk taking | <input type="checkbox"/> Tenacious |
| <input type="checkbox"/> Trusting | <input type="checkbox"/> Tactful | <input type="checkbox"/> Urgent | <input type="checkbox"/> Steadfast |

 ____ Total Column 1

 ____ Total Column 2

 ____ Total Column 3

 ____ Total Column 4

Total the 4 columns above, noting your highest total score and the column color it's located in. This signifies your most preferred style. On Worksheet 2, locate the corresponding color block and put your initials in the blank box at the top. Ex: if your highest # on Worksheet 1 is in the blue column, you would add your initials to the top blank box of the blue block on Worksheet 2.