



## Top 10 Conversation Starters

These questions are great for getting conversations going. Try these to create dialogue.

1. **What's your story?** This is an interesting conversation starter because it invites someone to tell you a story about them, and you never know what exciting thing(s) they might tell you.
2. **What are you working on lately that's exciting?** Kinda like "what do you do?" Asking if someone is working on anything exciting pulls out good things vs boring nonsense.
3. **What's made you smile lately?** Again, this can get them to focus on positive stuff vs boring or negative things.
4. **What exciting project are you working on right now?** This can reveal what things they are passionate about.
5. **What was the highlight of your day today?** This is a good alternative to asking "how are you?"
6. **What was the high-point and low-point of your week so far?** This one is great if you have an extrovert.
7. **What's challenging about the work you do?** Great for introverts.
8. **Famous person?** If you could have dinner with any one person living or previously alive, who would it be and why?
9. **What would be your deathbed meal, and why?** Or, ask it this way, what would be your all time favorite meal or place to eat?
10. **Day off?** What do you love to do in your spare time or on a day off?

Remember to listen well. Asking questions just to ask feels disingenuous. Truly listening to another person is one of the greatest gifts you can give them. If you listen well and build other curious questions off of your initial question can create up to 30 minutes of meaningful conversation.

Try to employ this rule of anatomy. Listen twice as much as you talk. We have two ears and only one mouth! Use them proportionately. Listening is like building muscle, start slow and build up.